



Evaluation of the Family Intervention Service for children presenting with characteristics associated with Attention Deficit Hyperactivity Disorder

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Abstract

The Victorian Parenting Centre Family Intervention Service (FIS) conducts brief group and individual parent training programs (Triple P) intended as preventative interventions for families of children at risk of developing emotional and behavioural problems. This paper reports on an evaluation of a Triple P intervention specifically with children exhibiting ADHD characteristics. Pre and post-intervention parental self-report data were analysed for 83 children aged 2 to 15 years. Following the FIS intervention there was a reduction in problem behaviour scores of children perceived to have a high frequency of behaviours typical of ADHD. Mothers also reported reduced depression, anxiety and stress, increased feelings of satisfaction and competency in parenting, less negative parenting behaviour, and reduction in parental conflict. Furthermore, they expressed a high level of satisfaction with the program. These evaluation findings are consistent with those of controlled investigations of the impact of behavioural family intervention on problematic behaviours of children with ADHD.

Keywords

parent training, program evaluation, Triple P, attention deficit hyperactivity disorder, family intervention

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